

# Active Retirement & Senior Club of Gig Harbor

## SEPTEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Sa/Su
<b>Sr. Club Hours</b> Mon - Thurs 9:00am - 3:00pm Friday 9:00 am - 12 Noon				1 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	2/3
<b>LABOR DAY</b>  <i>Club Closed~</i>	5 11:00 BB Baseball @ Peninsula Retirement 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	6 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	7 8:30 SAIL Class 10:00 Toast & Coffee 1:00 Brain Games & Coffee 2:00 Cribbage Club	8 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	9/10
11 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	12 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	12 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	14 8:30 SAIL Class 10:00 Toast & Coffee 1:00 Brain Games & Coffee 2:00 Cribbage Club	15 Foot Care <i>Appt. Req'd</i> 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	16/17
18 NO TAI CHI 8:30 SAIL Class 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	19 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	20 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	21 8:30 SAIL Class 11:00 Caregiver Ed Series Congestive Heart Failure <b>Fall Potluck</b> 11:30 AM Bring a dish to pass 2:00 Cribbage Club	22 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	23/24
25 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	26 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving 1:00 Book Exchange	27 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	28 8:30 SAIL Class 10:00 Toast & Coffee 1:00 Brain Games & Coffee 2:00 Cribbage Club	29 10:00 Fitness 4U 11:00 Pool Haven of Rest Lunch & Tour (RSVP Req'd) <i>Club Closes @ Noon</i>	30 S E F N A I I O R R

**Bingo Sponsored by HarborPlace @ Cottesmore on 2nd and 4th Monday's of Each Month!**

## OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Sa/Su
2 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	3 11:00 BB Baseball @ Peninsula Retirement 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	4 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	5 8:30 SAIL Class 10:00 Toast & Coffee 1:00 Brain Games & Coffee 2:00 Cribbage Club	6 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	7/8
9 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	10 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	11 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	12 8:30 SAIL Class 10:00 Toast & Coffee 1:00 Brain Games & Coffee 2:00 Cribbage Club	13 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	14/15
16 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	17 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	18 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	19 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Caregiver Ed Series Living Without Depression 1:00 Brain Games 2:00 Cribbage Club	20 Foot Care <i>Appt. Req'd</i> 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	21/22
23 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 1:00 Bingo	24 10:00 Fitness 4U 11:00 Pool 1:00 Book Exchange 11:30 Woodcarving	25 9:00 Tai Chi-Beginning 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	26 8:30 SAIL Class <b>Harvest Potluck</b> 11:30 Bring a dish to pass 2:00 Cribbage Club	27 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	28/29
30 8:30 SAIL Class ~NO TAI CHI TODAY~ 10:00 Pinochle 1:00 Bingo	31 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving		<b>Senior Lunch</b> Every Monday & Wednesday 12:00 Noon Sharp! Come early and get your seat! 60+ Yrs - \$3 donation, Under 60 Yrs - \$5.75		

Sr. Club Membership's are \$69/individual and \$120/couple per year - See Joyce for membership details