

Active Retirement & Senior Club of Gig Harbor

JULY 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Sa/Su
3  ~Club Closed~	4	5 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	6 8:30 SAIL Class 10:00 Toast & Coffee 2:00 Cribbage Club	7 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool	8/9
10 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Tai Chi Beg. 1:00 Bingo	11 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	12 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	13 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Brain Games & Coffee 2:00 Cribbage Club	14 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	15/16
17 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Tai Chi Beg. 1:00 Bingo	18 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving	19 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	20 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Caregiver Ed Series <i>Sr. Finances, How to Help</i> 2:00 Cribbage Club	21 Foot Care <i>Appt. Req'd</i> 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	22/23
24 <i>NO TAI CHI</i> 8:30 SAIL Class 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Tai Chi Beg. 1:00 Bingo	25 10:00 Fitness 4U 11:00 Pool 11:30 Woodcarving 1:00 Book Exchange	26 <i>NO TAI CHI</i> 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	27 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Brain Games & Coffee 2:00 Cribbage Club	28 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	29/30
31 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Tai Chi Beg. 1:00 Bingo			~Senior Lunch~ Every Monday & Wednesday 12:00 Noon Sharp! Come early and get your seat \$3.00 /donation 60+...\$5.75 under 60 years		

Bingo Sponsored by HarborPlace @ Cottesmore on 2nd and 4th Monday's of Each Month!

AUGUST 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Sa/Su
Sr. Club Hours <i>Mon - Thurs</i> 9:00am - 3:00pm <i>Friday</i> 9:00 am - 12 Noon	1 11:00 BB Baseball @ Peninsula Retirement 10:00 Fitness 4U 11:00 Pool No Woodcarving	2 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	3 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Brain Games & Coffee 2:00 Cribbage Club	4 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	5/6
7 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Tai Chi Beg. 1:00 Bingo	8 10:00 Fitness 4U 11:00 Pool No Woodcarving	9 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	10 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Brain Games & Coffee 2:00 Cribbage Club	11 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	12/13
14 8:30 SAIL Class 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Tai Chi Beg. 1:00 Bingo	15 10:00 Fitness 4U 11:00 Pool No Woodcarving	16 10:00 Tai Chi-In Depth 11:00 Tai Chi -Adv. 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	17 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Caregiver Ed Series <i>Manage Chronic Pain</i> 2:00 Cribbage Club	18 Foot Care <i>Appt. Req'd</i> 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	19/20
21 <i>NO TAI CHI</i> 8:30 SAIL Class 10:00 Pinochle 1:00 Bingo	22 10:00 Fitness 4U 11:00 Pool 1:00 Book Exchange No Woodcarving	23 <i>NO TAI CHI</i> 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	24 8:30 SAIL Class 2:00 Cribbage Club Dog Days of Summer Potluck @ 11:30 am	25 10:00 Coffee Hr. 10:00 Fitness 4U 11:00 Pool <i>Club Closes @ Noon</i>	26/27
28 <i>NO TAI CHI</i> 8:30 SAIL Class 10:00 Pinochle 1:00 Bingo	29 10:00 Fitness 4U 11:00 Pool No Woodcarving	30 <i>NO TAI CHI</i> 10:00 Pinochle 12:30 Computer-Int. 12:30 BB Baseball	31 8:30 SAIL Class 10:00 Toast & Coffee 11:00 Brain Games & Coffee		

Sr. Club Membership's are \$69/individual and \$120/couple per year - See Joyce for membership details